Sonoma CART
Volunteer Go-Bag Checklist

- ❏ T-Shirt or Vest identifying you as Sonoma CART
- ❏ Emergency contact and medical emergency information
- ❏ Fanny-pack and/or backpack
- ❏ Water – 3 gallons at a minimum, more if able to transport
- ❏ Snacks
- ❏ Gloves – disposable latex and work or welder's
- ❏ Any Personal Medications, Prescriptions and Over the Counter medicines used
- ❏ Eyecare
    - ❏ Protective Goggles capable of withstanding heat
    - ❏ Sunglasses
    - ❏ Reading glasses, prescription eyewear, and spare contact lenses
- ❏ Cash (small bills are best)
- ❏ Knife
- ❏ Watch and/or travel clock
- ❏ Flashlight or Lantern
- ❏ Headlamp
- ❏ Pen or pencil, notepad, Sharpie
    - ❏ Print out: Checklist, 214, incident reports
    - ❏ Evac Packet
- ❏ Cell Phone, wall/solar/car charger
- ❏ WhatsApp, MyImpact, SARTopo apps downloaded on your phone
- ❏ Whistle
- ❏ Hat
- ❏ Boots
- ❏ Bandana
- ❏ Jacket
- ❏ Rain gear
- ❏ Sunblock, bug spray
- ❏ Change of clothes and spare pair of socks
- ❏ Toiletries, chapstick, hand wipes, ziplock baggies, garbage bags
- ❏ Radio, Walkie-talkies, GMRS, GPS
- ❏ Binoculars
- ❏ Pillow
- ❏ Sleeping bag
- ❏ Scanner
- ❏ Camera (if none on cell phone)
- ❏ Map Book
- ❏ Ice Chest
- ❏ Folding Chair
- ❏ First Aid Kit / Snake bite kit
- ❏ Spare batteries